



BeTICK! Smart!

Ohio.Gov/Tick

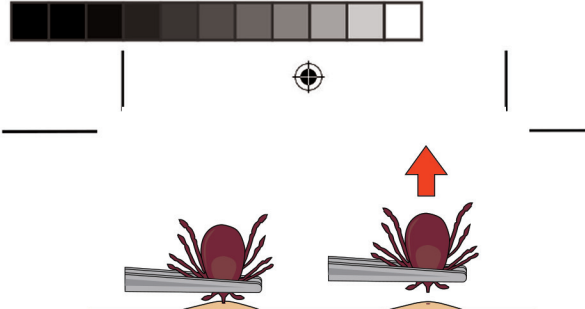
**Protect • Check
Remove • Watch**



- Wear repellent.
- Check for ticks daily.
- Shower soon after being outdoors.
- Call your doctor if you get a fever or rash following a tick bite.

Ohio
Department of Health





How to Remove a Tick

- 1** Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.
- 2** Pull upward with steady, even pressure to remove the tick. Avoid twisting or jerking.
- 3** Clean the bite area and your hands with rubbing alcohol, iodine scrub, or soap and water.

Notes:

- Remove the tick as soon as possible.
- If tick mouthparts remain in the skin, leave them alone. In most cases, they will fall out in a few days.
- Don't use nail polish, petroleum jelly or a hot match to make the tick detach.
- If you develop a fever or rash within several weeks of removing a tick, see your doctor. Be sure to tell the doctor about your recent tick bite, when the bite occurred, and where you most likely acquired the tick.